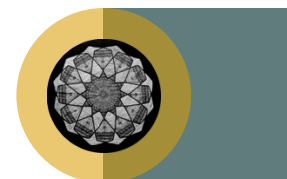




SINCLÈTICA MONASTIC SCHOOL  
KNOWLEDGE, ARTS & INTERIORITY

# PRAYER



*January 13 & 19-21, 2024*

Sinclètica Monastic School gives you access  
to the learning experience of our innovative  
Program in a weekend module

Program Coordinator:  
Sr. Teresa Forcades, OSB

Monestir de Sant Benet de Montserrat (Catalonia)  
[www.sincletica.cat](http://www.sincletica.cat)



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# THE TOPIC FOR THE THEMATIC BLOCK IN JANUARY 2023 IS PRAYER

- A team of eight international professors will be sharing Eight Pearls on PRAYER from the perspective of Science, Politics, Philosophy, Literature, Bible, Fine Arts, Theology and Music. Pearls are scientific, literary, artistic or musical works, theological writings or biblical passages that the subjectivity of each professor finds particularly helpful or illuminating.
- Monastic wisdom has always known that experience and knowledge cannot be separated. A key element of our program is that the professors will share with the students not only their expertise on the subject, but also their personal link to it.
- The lectures can be attended on-site at Villa Engràcia (next to the medieval Monastery of Poblet: [villaengracia.com](http://villaengracia.com)) or on-line. Registering on-line gives access to the live streaming of the lectures and also to the edited videos for later viewing; during the streaming, on-line participants will be able to interact with the professors and with the on-site students via Zoom platform.
- The lectures are in English. Videos of the lectures are accessible to all students during 30 days, starting on the day of the lectures. Two weeks after the lectures, fully reviewed subtitles in English, Catalan and Spanish are made available.

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The fee for a weekend is 150€  
Interested please write to the Registrar's Office:  
[registrar@sincletica.cat](mailto:registrar@sincletica.cat)

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# PRAYER

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## SATURDAY 13 (ON-LINE)

14:00 PROTOCOL & ANTICIPATION

14:15 **PHILOSOPHY**

*Excerpts from Etty Hillesum, 'The Complete Works' (1941-1943).*

SILVIA RICHTER (FRANKFURT AM MAIN)

15:00 *Silence*

15:15 SMALL GROUPS / DIALOGUE WITH PROF. RICHTER

16:15 PROTOCOL & ANTICIPATION

16:30 **MUSIC**

*'Sarabande la desolée', by Marin Marais (1701).*

VITTORIO GHIELMI (MILANO-SALZBURG)

17:15 *Silence*

17:30 SMALL GROUPS / DIALOGUE WITH PROF. GHIELMI

18:30 CLOSURE

18:45 *Prayer of Vespers (live streaming from St. Benet)*





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## FRIDAY 19

- 18:00 OPENING PRAYER / PROTOCOL & ANTICIPATION  
18:45 **THEOLOGY**  
*'German sermon 52', by Meister Eckhart (14th century).*  
CHERYL WASCHENKO (CRESTONE, COLORADO)  
19:30 *Silence*  
19:45 SMALL GROUPS / DIALOGUE WITH PROF. WASCHENKO  
20:45 CLOSURE

## SATURDAY 20

- 9:30 MORNING PRAYER / PROTOCOL & ANTICIPATION  
10:15 **SCIENCE**  
*'Effects of Prayer on Patients Admitted to the Coronary Care Unit, by WS Harris and colleagues' (1999).*  
TERESA FORCADES I VILA (MONTSERRAT)  
11:00 *Silence*  
11:20 SMALL GROUPS / DIALOGUE WITH PROF. FORCADES  
12:20 *Chi-kung exercises and lunch*  
14:00 PROTOCOL & ANTICIPATION  
14:15 **FINE ARTS**  
*'Proposition 4. Red is the Colour of Pomegranates' (2020/2022).*  
ANNA WALKER (LONDON)  
15:00 *Silence*  
15:20 SMALL GROUPS / DIALOGUE WITH PROF. WALKER  
16:30 PROTOCOL & ANTICIPATION  
16:45 **LITERATURE**  
*'The Life of Little Saint Placide', by Mother Geneviève Gallois (1954).*  
MARGHERITA PASCUCCHI (FLORENCE)  
17:30 *Silence*  
17:50 SMALL GROUPS / DIALOGUE WITH PROF. PASCUCCHI  
19:00 CLOSURE



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## SUNDAY 21

9:30 PROTOCOL & ANTICIPATION

9:45 **BIBLE**

*'He who turns a deaf ear to instruction, his prayer is an abomination'.  
(Proverbs 28.9).*

DEBORAH WILLIGER (COLOGNE)

10:30 *Silence*

10:50 SMALL GROUPS / DIALOGUE WITH PROF. WILLIGER

11:50 *Chi-kung exercises or Eucharist / Lunch*

13:45 PROTOCOL & ANTICIPATION

14:00 **POLITICS**

*'The Blue Marble', by the Crew of Apollo VII (1972).*

JORDI JÀRIA MANZANO (TARRAGONA)

14:45 *Silence*

15:05 SMALL GROUPS AND DIALOGUE WITH PROF. JÀRIA

16:15 PERSONAL WORK: MY PEARLS FROM THE WEEKEND

17:00 FINAL DIALOGUE

*Optional daily prayer with the monastic community:*

*5:15 matins / 7:00 or 7:30 lauds*

*8:00 or 12:00 eucharist*

*18:45 vespers / 20:30 compline*